

## Evidence-Based Home Visitation Program

### NFP Evidence-based Home Visitation Transition Plan

Transitions in Early Childhood are any change(s) in the child/family routine. Transitions may include small changes such as transitioning from playtime to nap or bedtime or larger changes such as a family move or birth of a new baby. Family transitions in early childhood may also refer to the process of changing early childhood programs, services or personnel. Within the context of this plan, transitions will refer to the later. Transition is an ongoing process to ensure that children and families have information and support they need to support change.

Common transitions among evidence-based home visitation programs include, but are not limited to:

- Child aging out of program
- Family completing program or “graduating” from program
- Family exiting program for reasons such as
  - Declined services
  - Moved out of area
  - Unable to locate/contact
  - Excessive missed visits
  - Family returned to work or school
  - Family satisfied with services and needs have been met
  - Other; i.e. miscarriage, death of child, adoption plan, child removed from family’s care
- Child /family begins receiving services from Early Intervention (EI)

The Nurse-Family Partnership program, (NFP) recognizes that families are the key decision makers in planning and implementing the next steps for their children. Home visitation staff will support families as they make informed decisions about their children’s transitions. Effective early childhood transition is a collaborative process involving families, infant and toddler programs/services, early childhood providers, and the private or public school system

General transition strategies include:

- Providing families with anticipatory guidance based on their child’s age, growth and development
- Providing families with age appropriate activities and curriculum such as *Building Blocks for Babies, Learning is Everywhere, and Kindergarten Here I Come* as well as program specific curriculum and activities
- Refer to PA ELS Standard PL 7: Families are supported in times of transition - Transition planning (Infant and Toddler)
- Providing families with routine screenings such as ASQ-3 and ASQ-SE to assess the child’s growth, development and identify strengths and needs

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- Providing families with a community resource manual, information on social services and providers within their community (e.g. Pocono Info)
- Providing families with opportunities to meet other home visitors within the program/agency
- Facilitating referrals to other providers when a need or desire is identified
- Follow-up with families regarding outcomes of referral process
- Building relationships with Childcare Information Services, PA Department of Human Services and programs that support families economically as children enter childcare
- Collaborating with other providers; i.e. sharing screenings with medical providers as needed, requesting and reviewing immunization and health records as needed, participating in transition meeting
- Visiting programs and community activities that is possible for their children (i.e. Preschools, Head Start classrooms, libraries, Childcare settings etc)
- Assisting families as child transitions from home-based EI services to center or site based services
- Assisting families in preparing for pre-school and Head Start
- Providing information on home-based visitation through outreach at health fairs, resource fairs and events, community family events such as fairs, festivals, sporting events, art, music and theater, library and reading events etc.
- Transition to Childcare
  - NFP Curriculum resources include *“How Do I Find Good Childcare?”*
    - *Childcare Choice Sheet*
    - *Asking Family and Friends for Help with Childcare*
    - *Childcare Planning Worksheet*
    - *Childcare Safety*
    - *Choosing Childcare for Your Child*
    - *Dads and Childcare*
    - *My Child’s Day*
    - *Supporting Your Sitter*
    - *Toddler Childcare Checklist*
  - Other resources include but are not limited to Child Care Information Services Resource manual, list of Childcare providers
  - Home visitor accompanying family on visits to Childcare Centers
  - Sharing child /family strengths, needs, assessments, goals etc with childcare provider (with signed consent to release information)
  - Documentation of transition planning may include documentation on the following NFP forms
    - Encounter form
    - Visit form/referral documentation
    - Use of government services & community resources/Referral form

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- Narrative notes
- Graduation/Aging out of program (NFP)
  - Home visitors provide transition planning regarding graduation or completion of program beginning with introduction to the program and description of length of services
  - Home visitors reinforce length of the program with new pregnancy, birth of new baby to remind families NFP services are completed when first child turns two
  - NFP Curriculum resources include “*Getting Ready for Goodbye*”
    - *When Saying Goodbye is Difficult*
    - *Planning Baby’s Birthday*
    - *Learning How to Have Good Goodbyes*
    - *Making Our Goodbye Special*
    - *Celebrating Our Time Together*
    - *Graduation and Beyond*
  - Plan celebration for graduation visit
  - Present family with graduation certificate and token of appreciation
  - Home visitors discuss Head Start, SMILES (East Stroudsburg Area School District) option for continuing home visits until child enters Kindergarten
    - Provide family with Head Start information
    - SMILES brochure
- Transition to another home visitor
  - Transition to another home visitor may be necessary if a nurse home visitor leaves the program, reduces caseload or is on a temporary leave
  - Attrition from program is higher than site average during initial transition period. In an effort to decrease attrition and promote family satisfaction;
    - Home visitor and supervisor will discuss caseload transition plan
    - If possible, original nurse home visitor will explain her departure or absence
    - Original home visitor will encourage family to continue participating in program
    - Home visitor will offer family opportunity to have a joint visit with new home visitor
    - Home visitor will provide new home visitor with an oral and written case summary
    - Families will be given the opportunity to select a new home visitor if openings in caseloads exist
    - If home visitor is on a temporary leave, families select home visitor with whom they wish to continue services
- Transition to Early Intervention (EI) Services



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- A referral to EI services may be made based on screening, assessment findings, or parent concern
- Home visitor introduces and discusses availability of EI services and provides family with pamphlet
- Home visitor provides parents with opportunity to complete referral independently
- Home visitor provides EI with copy of ASQ-SE, ASQ-3 and identified concerns, strengths etc if consent to share information has been obtained
- Home visitors will incorporate EI plan and goals into family service plan
- Supplement program specific curriculum with use of *Learning is Everywhere*
- Supplement program specific curriculum with use of *Kindergarten Here I Come, Kindergarten Here I Am, and Learning is Everywhere*